

Classroom Activities



Back Writes

Suggested Levels: 8-12

Time: Less than 5 minutes

Curriculum & Movement Integration

Equipment: None needed

Objective: Promotes movement to refocus the brain while integrating classroom curriculum.

Description: Students pair up and one student is given a vocabulary word in secret. Using their non-dominant hand, they are to write the word on the back of their partner. The partner tries to guess the word. If the word is correct, they must state the definition.

Source: *Modified from* <http://brainbreaks-useit.weebly.com/high-schoolcollege-brain-breaks.html>